



Personal Growth
Part 2 - Bro. Preston Brown



LEARNING OBJECTIVES

- ✓ Describe Balanced Goal Setting
- ✓ Define Where/How Goals Originate
- ✓ Be Aware of Dangers of Goals

REASON /LOGIC

- Society's concepts of growth & goal setting vastly differ from God's
- A goal is a tool to keep focus & forward motion
- Improperly set goals can actually have negative outcomes

Ephesians 3:20-21

Now unto him that is able to do exceeding abundantly above all that we ask or think, according to the power that worketh in us, Unto him be glory in the church by Christ Jesus throughout all ages, world without end. Amen





DISCIPLINE:

1

ORGANIZATION

Everything has a "place"

2

CLEANLINESS

Eliminating unused "stuff"

3

PUNCTUALITY

Time is highly respected

3%

SET GOALS

ZIGLAR TRAINING SYSTEMS

20%

PRODUCTIVITY INCREASE JUST BY HAVING GOALS

Managing for Performance, Alasdair White

BALANCED GOALS

ASPECT	MEANING	DANGER
<i>MIND</i>	Knowledge, Understanding, Wisdom	1 COR 8:1
<i>BODY</i>	Taking care of the temple God gave you	1 TIM 4:8
<i>SOUL</i>	Relationship with God	1 JOHN 4:20
<i>SPIRIT</i>	Relationship with Others	ROMANS 8:9



Ecclesiastes 7:1

A good name is better than precious ointment; and the day of death than the day of one's birth.

Numbers 23:10b

...Let me die the death of the righteous, and let my last end be like his.



James 4:13-15

Go to now, ye that say, To day or to morrow we will go into such a city, and continue there a year, and buy and sell, and get gain: Whereas ye know not what shall be on the morrow. For what is your life? It is even a vapour, that appeareth for a little time, and then vanisheth away. For that ye ought to say, If the Lord will, we shall live, and do this, or that.



Where Should Goals Come From?

1

Open Heart

Letting Him speak freely to us

2

Moral Basis

Basing our decisions on Scripture

3

Right Motives

From a desire to glorify God, not me

Establishing Goals

PURPOSE
(Foundation)

PASSION
(Drive)

PLANNING
(Roadmap)

PRACTICE
(Action)

J.P. Morgan

“

The first step towards getting somewhere is to decide you're not going to stay where you are.

”

“S.M.A.R.T.” GOAL SETTING

S

SPECIFIC

M

MEASURABLE

A

ATTAINABLE

R

RELEVANT

T

TIMELY

Bro. Dugas

“

My short term goal is to please God.

”

My long term goal is to please God.

Important Goals



Rule of Five

1. God Time
2. Gift Time
3. Grace Time
4. Giving Time
5. Gratitude Time

DANGERS Of Goal Setting



DIVINE INTERRUPTIONS?



BEN JONSON

“ ”

He that is taught only
by himself has a fool
for a master.

Up Next...

THE IMPORTANT STUFF

STAY HUNGRY.

HOME
WORK

- Jung Personality Test
- Recommend: StrengthsFinder 2.0

JUNG TEST
HYPERLINK

[http://www.humanmetrics.com/
cgi-win/
jtypes2.asp#questionnaire](http://www.humanmetrics.com/cgi-win/jtypes2.asp#questionnaire)



EXAM

NEXT SESSION

Lesson 9,
Personal Growth, Part 3
Bro. Preston Brown
Wed 11.4.15 @ 6:00pm